

<b>HMO Plans by County</b>	Atlantic	Bergen	Burlington	Camden	Cape May	Cumberland	Essex	Gloucester	Hudson	Hunterdon	Mercer	Middlesex	Monmouth	Morris	Ocean	Passaic	Salem	Somerset	Sussex	Union	Warren
<b>Aetna Better Health® of New Jersey</b>		✓		✓			✓		✓			✓				✓		✓		✓	
<b>Amerigroup New Jersey, Inc.</b>	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓
<b>Horizon NJ Health</b>	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
<b>UnitedHealthcare Community Plan</b>	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
<b>WellCare Health Plans of New Jersey</b>		✓					✓		✓		✓	✓		✓		✓		✓	✓	✓	



Available in Bergen, Camden, Essex, Hudson, Middlesex, Passaic, Somerset and Union counties ONLY

**Aetna Better Health® of New Jersey** 1-855-232-3596 • TTY 711 [www.aetnabetterhealth.com/newjersey](http://www.aetnabetterhealth.com/newjersey)

**Aetna Better Health of New Jersey** is part of NJ FamilyCare. Aetna has provided services to members for more than 25 years. We serve over 2 million members in 16 states.

**Integrated care management**

We help our members take charge of their health by getting the health care services they need.

**We make it easy for you**

- Unlimited visits to Primary Care Providers
- Routine wellness visits
- 24-hour nurse help line
- Choose your own doctors from 9,000 providers
- Get help in any language you need
- User-friendly website

**Health education programs**

We offer programs on asthma, COPD, diabetes and heart disease. Your care manager will help you learn about these diseases and how to stay well.

**New Mommy program**

Pregnant women and new moms learn how take care of themselves and their new babies. We want to help you have a healthy pregnancy and a healthy baby.

**Managed Long Term Services and Supports program**

Our aging and disabled members get health services right in their own home, assisted-living facility or other setting. Whether you live in a nursing home, community or home setting, our long term care benefits work to keep you independent and active.



Available in ALL counties, except Salem county

**Amerigroup New Jersey, Inc.** 1-800-600-4441 • TDD 1-800-852-7899 • TTY 1-800-855-2880 [www.myamerigroup.com/nj](http://www.myamerigroup.com/nj)

**24-Hour Nurse HelpLine:** Get medical advice and information from a nurse 24 hours a day, 7 days a week.

**Eye and Dental Benefits:** Get routine preventive care, coverage for lenses and frames and more.

**Physician Care Services:** Choose a primary care provider who will coordinate your health care, and change doctors when you need to.

**For Mom and Baby:** Get important information in our prenatal and baby care programs.

**Prescriptions:** Get coverage for medicines prescribed by your doctor and some over-the-counter medicines like cough syrup and pain reliever.

**Gifts:** Get gifts for completing health classes, including all prenatal care.

**Special Needs Care Management:** All members with special needs have a Care Manager (Registered Nurse) to assist them with getting the care they need.

- The Care Manager speaks with the member, the member's physician(s) and Amerigroup's Medical Social Worker to develop an individualized plan of care, which ensures that all necessary physical and mental health services are provided.
- The Care Manager can help the member arrange transportation to medical appointments when appropriate.
- The Care Manager can help schedule an appointment with a dentist who specializes in serving the Special Needs population.

**Amerigroup offers more for your health.**

Take advantage of our:

- Reminders for well child checkups and immunizations;
- Community events and family health fairs; and
- Health workshops and advice about asthma, lead poisoning awareness and more.

**Horizon NJ Health**      **1-877-7NJ-HEALTH (1-877-765-4325) • TDD/TTY 1-800-654-5505**      **www.horizonnjhealth.com**

**Keeping You and Your Family Healthy:** Horizon NJ Health is the ONLY NJ FamilyCare plan backed by Horizon Blue Cross Blue Shield of New Jersey. Benefits you can count on from a name you trust.

**Special Programs just for Horizon NJ Health Members:**

Horizon NJ Health understands that your family's good health is important to you. Members can join these special programs, developed to help keep you and your family healthy, at no cost to members.

- **Asthma "Breathe Easy" Program:** A special treatment program to help members with asthma, breathe easier.
- **Mom's GEMS Program for Pregnant Members:** A prenatal program to help expectant mothers receive needed care to have a healthy pregnancy.
- **Diabetes Management Program:** Members can get help to control their diabetes and learn how to prevent the long-term effects that this disease can have on their health.

- **CHAMPS Health and Wellness Program:** All young Horizon NJ Health members are treated like CHAMPS. Through our CHAMPS Program, we help make sure CHAMPS members are receiving their good-health checkups and are immunized from birth to age 21.
- **When Members Need a Helping Hand:** For when you need more than just health care services, our Social Workers will help connect you with valuable resources such as community and government programs.
- **Individual Care for Members with Special Needs:** Horizon NJ Health has a Care Coordination Unit that will assist with coordinating care for durable medical equipment, social services, doctor and dental visits, transportation and other services.

Nothing is more important than your family's good health. Let Horizon NJ Health give your family the quality health coverage they deserve.



**UnitedHealthcare Community Plan**      **1-800-941-4647 • TTY/TDD 711**      **www.uhccommunityplan.com**

**All Your Health Care Benefits Plus:** At UnitedHealthcare Community Plan, we help people live healthier lives. We are working hard to deliver on that mission in New Jersey. The UnitedHealthcare Community Plan's network of community-based doctors and dentists, hospitals and neighborhood pharmacies, has provided quality care, with dignity and respect, to the people of New Jersey since 1989.

**Special Needs Members:** UnitedHealthcare Community Plan offers a comprehensive list of Care Management programs for members with special needs. A specially-designed team of Health Educators and Care Managers concentrate on early identification, prevention, education, advocacy, community and social services for members with the following diseases: asthma, diabetes, congestive heart failure (CHF), high risk pregnancy and lead toxicity.

**Healthy First Steps:** Healthy First Steps is a special program for pregnant members and new moms and their babies. Our Healthy

First Steps staff of nurses, social workers and health educators works with you and your doctor to make your pregnancy healthier and easier.

**No Referral Necessary for:**

- Routine well-women care and prenatal care from participating OB/GYNs
- Participating dentists (in most cases)
- Routine eye exams from participating providers

**Health Care Benefits Plus:**

- Primary Care Doctor for each member
- Preventive dental services
- Eye exams and glasses
- Member Services Helpline staff available 24 hours a day, 7 days a week

**Community Involvement:** UnitedHealthcare Community Plan provides targeted education on important health concerns. Every day, our team of certified health educators work in communities throughout New Jersey to meet with groups and provide valuable information to help improve the health of people in all the different populations we serve.



**WellCare Health Plans of New Jersey**      **1-888-453-2534 • TTY/TDD 1-877-247-6272**      **newjersey.wellcare.com**

**Putting you first:** At WellCare, we put you and your family first. This means you get the care and services you need to stay healthy and live happy.

**24-Hour Nurse Advice Line:** All members can call to receive medical advice from registered nurses 24 hours a day, 7 days a week, every day of the year.

**Health and wellness website** that gives tips to help you and your loved ones stay healthy.

**Prenatal Rewards Program:** This program helps our moms-to-be focus on staying healthy and going to all their doctor visits during their pregnancy. Members who complete the program can earn a free gift.

**Physician (Provider) Services:**

- **PCP:** A provider is assigned to each member to provide their care or arrange for them to see a specialist.
- **Prescriptions:** Coverage for medicine provided by your providers.

**Customer Care:**

- Personal help arranging doctor appointments, social services, and more.
- All materials are available in English, Spanish, and other languages upon request.
- Translation services available to members who are hearing-impaired, or who speak a language other than English.

**Community Resources:** Free referrals and guides to free community programs.

**Care Management:** We offer targeted care management programs to children and adults. Some programs include:

- **Asthma • Diabetes • HIV/AIDS • High Risk Pregnancy**

Care managers are trained to help members, their family and their PCP's arrange services (including referrals to special care facilities for highly-specialized care) that may be needed to manage illnesses. Choosing a health care plan is a big decision. And we want you to have the facts you need to make the choice that's right for you.